

CALENDAR

23—25 Feb	3/4A & 3/4B Camp
Fri 27 Feb	Parent EMA applications close
Fri 27 Feb	FETE
Wed 25 Mar	Performing Arts Show
1—3 April	4/5/6 Camp

PRINCIPALS REPORT

Dear Parents,

Fete excitement is mounting! The events committee, especially Lola Dimitropoulos and Minnie Frysteen, may often be found around the school. At all hours of the day and evening parents appear, searching for room 7, (It's on the first floor, second on the right, just after the video room), with arm loads of interesting goods, books, toys, pushers for dolls, table games . . . Children "in the know", usually those in Years 3 to 6, eye the ever-growing hoard with interest. Just nine more sleeps!

READING I'm a compulsive reader; all manner of written material is of interest. I regret that some books are best saved until the holidays; I relish the opportunity for reading that my bus ride to work offers; newspapers are an important part of my day.

I want every child to discover this pleasure of reading, the wonder of books. As well, reading is one of the most important skills a person

needs for life, school and work. The annual Victorian Premier's Reading Challenge is an opportunity for all students to have successful reading experiences. At BSWPS all students will be encouraged to complete the challenge. The PRC runs from February until 31st August. The aim for students in:

- prep to year 2 is to read or experience 30 books from the book list
- years 3 to 10 is to read or experience 15 books

Within the next week or so our school will register for the Challenge and you will receive a note about the program. In the meantime you may like to check the website:

www.education.vic.gov.au/prc Also, *The Sunday Age* had a PRC supplement which included the Book List. (The latter, and some of the books on it, will be available in the Library.)

SCHOOL COUNCIL Last Monday evening School Council had its first meeting for 2009. In addition to approving the Anaphylaxis Management Policy, which was updated late

last year, the main topics of discussion were the school oval, (its future development and sharing it with community groups), and *Building the Education Revolution*, the Commonwealth funding for infrastructure and how BSW can be prepared to benefit from this program.

School Councils are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In two weeks time, after the fete frenzy, I will formally announce School Council Elections and call for nominations. I encourage you to consider standing for SC. There will be vacancies as some current members have told me that they won't be standing again.

PERSONAL GOODS BROUGHT TO SCHOOL AT OWNER'S RISK Personal property is often brought to school by students. Please note that the Department of Education and Early Childhood Development does not hold insurance for personal property brought to schools. Consequently, students should not bring any unnecessary or valuable items to school.

HAVE A GREAT HOLIDAY! Assistant Principal, **Morag Masson**, commences Long Service Leave this Friday and will holiday at home. She will return at the start of term 2. I'd like to publicly wish her a refreshing, well-deserved break. She has a very demanding role.

Teacher **Margaret Kennedy** will be the Acting Assistant Principal during Morag's absence. Margaret will take her Yrs 4/5/6 class in the mornings, teaching English and Mathematics and, Monday to Thursday, in the afternoon she'll undertake her A.P. duties. Regular replacement teacher, Glenys Gatto will be in Margaret's class in the afternoons and take library in the mornings. If you have any questions about this, please call me.

Yours sincerely
Louise Chocholis
Principal

EMA (EDUCATION MAINTENANCE ALLOWANCE)

If you hold a current Health Care Card or Pension Card, valid to 28 January 2009, you are eligible to apply for the Education Maintenance Allowance (EMA).

The EMA is provided to assist eligible families with the costs associated with the education of their children.

You will receive two payments—\$77.35 in 1st term and \$33.15 in 3rd term for each child. The school also receives the same amount and it is applied to your account to pay fees.

In 2009, you will have the choice to receive your EMA payment by direct deposit (EFT) into your nominated bank account, or to receive your payment by cheque. If you choose to have your payment by EFT, when you come to the School to complete an application form, please bring a copy of your bank account details with you.

2009 Application Forms are available at the office. Please also bring your health care card or pension card with you.

Completed forms must be at the office by Friday, 27th February at the latest. **Sorry we cannot accept late applications.**

KIDS & FRUIT

Some of the students missed out on their fruit today. Because of the heat some of the peaches rotted. Apologies for that. We'll try & make sure it doesn't happen in the future.

This week we've got pluots (a cross between a plum & an apricot), nectarines and peaches.

L'ANGOLO ITALIANO

Studenti have submitted their first piece of compito which was L'alfabeta italiano. It was great to hear from so many student how keen their genitori were to listen and practice with them. They have also brought home their new compito of the mappa of Italia—this is due next week. It was wonderful seeing Fraser share with his classe his souvenirs from his Europa trip. It's always inspiring listening to student share their thoughts on their trip to Europa.

signora Bruna

LUCKY LUNCHBOX

A reminder to all keen students that Lucky Lunchbox has started. Every time you bring a rubbish free lunch, make sure your monitor writes your name on a ticket. If you had some last week too, remind your monitor to give you tickets for then also. At assembly in Week 6, we will draw prizes for both the Junior and Senior Schools. Ruby and I will collect all tickets from your class' special green plastic pocket every Friday. So make sure we can see it and you've entered!

Thanks,
Ruby & Nicoletta

PARENTS NEEDED

The four grade 4/5/6 classes are travelling by tram to 2 very exciting exhibitions next Thursday, 26th Feb. One, based on Graeme Base's famous book *The Waterhole*, is at Artplay, Federation Square. The other is The Water Hole, a modern art construction at ACCA (Australian Centre for Contemporary Art), Southbank. Two parent helpers are needed for each class. We are leaving at 9.30am and returning for 3.30pm. Talk to Don, Margaret, Stuart and Maurice.

PARENT SHARE TIME

Requests for *Parent Share Time* appointments should, by now, have been returned to school. Teachers have commenced the process of assigning appointment times.

On Thursday, all students will bring home a form that is a *Guideline For Share Time Discussion*. Please complete the form and return it to your child's classroom teacher prior to the *Share Time* evenings.

Thank-you, Cathy

IMMUNISATION

Have you supplied the school with a copy of your child's immunisation certificate? It is a requirement of the Department of Education that all families supply an immunisation statement, even if their child is not immunized or only partially immunized.

How can I get a copy?

You can get a copy of your child's immunisation history statement:

- Online—you can register for Online Services at www.medicareaustralia.gov.au/online
- At your local Medicare office
- By calling the Immunisation Register on 1800 653809

Look out for the prep drawings from Chris' class (02B) in next week's newsletter.

INSIGHTS

by Michael Grose - Australia's No 1 parenting educator

Help your children make sense of the natural disasters

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can't do this.

The Queensland floods and the Victorian bushfires continue to wreak incredible havoc on so many people's lives and will no doubt leave an indelible imprint on our collective psyches. These two natural disasters will be brought into our living rooms via the media over the coming days and weeks.

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can't do this.

So what is a parent, teacher, or other caring adult to do when the natural disasters fills the airwaves and the consciousness of society? Here are some ideas:

- 1. Reassure children that they are safe.** The consistency of the images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Let them know that while this event is indeed happening it will not affect them directly.
- 2. Be available.** Let kids know that it is okay to talk about the unpleasant events. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.
- 3. Help children process what they see and hear, particularly through television.** Children are good observers but can be poor interpreters of events that are out of their level of understanding.
- 4. Support children's concerns for others.** They may have genuine concerns for the suffering that will occur and they may need an outlet for those concerns. It is heart-warming to see this empathy in children for the concerns of others.
- 5. Let them explore feelings beyond fear.** Many children may feel sad or even angry with these events so let them express the full range of emotions. They may feel sadder

for the loss of wildlife, than for loss of human life, which is impersonal for them.

- 6. Help children and young people find a legitimate course of action if they wish.** Action is a great antidote to stress and anxiety so finding simple ways to help, including donating some pocket money can assist kids to cope and teaches them to contribute.
- 7. Avoid keeping the television on all the time.** The visual nature of the media means that images are repeated over and over, which can be both distressing to some and desensitizing to others.
- 8. Be aware of your own actions.** Children will take their cues from you and if they see you focusing on it in an unhealthy way then they will focus on it too. Let them know that it is happening but it should not dominate their lives.
- 9. Take action yourself.** Children who know their parents, teachers, or other significant caregivers are working to make a difference feel hope. They feel safer and more positive about the future. So do something. It will make you feel more hopeful, too. And hope is one of the most valuable gifts we can give children and ourselves.

Children's worlds can be affected in ways that we can't even conceive of so adults need to be both sensitive to children's needs and mindful of what they say and how they act in front of children.

In difficult times, it is worth remembering what adults and children need most are each other.

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**BRUNSWICK SOUTH-WEST PRIMARY SCHOOL
VOICEMAIL NUMBERS
2009**

OUT OF SCHOOL HOURS		9389 3329
ART ROOM	SUE GRAEFE	9389 3318
READING RECOVERY	BRIGID MCCAUGHEY	9389 3324
L.O.T.E.	BRUNA CENTOFANTI	9389 3321
ROOM 2	MAURICE RYAN	9380 1074 (reception)
ROOM 3	STUART MILLS	9389 3303
ROOM 4	MARGARET KENNEDY	9389 3304
ROOM 8	DON GROSS	9389 3308
ROOM 9	KELLY LEYDEN	9389 3309
ROOM 11	BARB SMITH	9389 3311
ROOM 13	CHRISSEY TEMPLE	9389 3313
ROOM 14	CHRIS GOSS	9389 3314
ROOM 15	CATHY JESSOP	9389 3315
ROOM 16	KAY READING	9389 3316
ROOM 19	CAROLINE WIGNELL	9389 3319
ROOM 20	LUCY WILLIAMS	9389 3320
ROOM 22	BASEROOM	9389 3322
ROOM 23	CECILIA SINCLAIR	9380 1074 (reception)



Bushfires and Asthma

With the devastating Bushfires that have occurred throughout Victoria and with fires still burning across the State, there is an increased risk of asthma. Parents and carers of children with asthma should remain alert and ensure the child carries their blue reliever medication with them at all times.

Tips to minimise the effects of Bushfire smoke:

- Smoke and increased air pollution from fires can cause people with asthma to experience increased symptoms, such as **wheezing, coughing, chest tightness or shortness of breath.**
- Children are one of the first to feel the effects of smoke and particle pollution for this reason extra care needs to be taken.
- Always follow the child's written Asthma Action Plan.
- Parents and teachers need to be aware of the additional risk and be prepared.
- Ensure the child has access to blue reliever medication and continue use of preventer medication.
- When smoke is in the air, but fire is not directly threatening, keep children indoors, and close all windows and doors.
- Avoid doing physical activities outdoors.
- If a child develops symptoms, seek medical assistance immediately.
- If the child's blue reliever medication is not reducing asthma symptoms, start Asthma First Aid and seek medical attention without delay.

For further information, please call the Asthma Telephone HelpLine on 1800 645 130 or visit The Asthma Foundation of Victoria's website www.asthma.org.au or www.asthmafriendlyschools.com.au

The Royal Children's Hospital is looking for PARENT VOLUNTEERS to complete a brief survey about your child's everyday activities

We are looking for parents to complete a survey for a project examining the support needs of children who have had a brain injury. Information provided by parents of children who have not had a brain injury will assist us in assessing support needs of children who have had a brain injury.

We are looking for parents of children who have not had a brain injury to take part in this project.

What you will be asked to do? We will meet with you on one occasion to complete a survey which will take about 40 minutes to complete. The survey will ask about your child's everyday activities - for example, getting ready for school, crossing the road, doing chores at home and making friends. We can meet you at your home, the school or the Royal Children's Hospital, depending on what is easiest for you. Your child will not be interviewed.

If you are interested in taking part in this project, please contact your school to obtain an information sheet. Please also fill in your details below and return it to the school.

We hope that you will take part. If you have any questions, or would like further information about this project, please call Vivienne Champness on 0421 957 651, or Dr Cheryl Soo on 0409 316 711.

I am interested in participating in the above Royal Children's Hospital project.

Contact person: Vivienne Champness, 0421 957 651

Parent's name: _____

Child's name: _____ Child's age: _____

Contact number: _____

(We will contact you to arrange an appointment at your convenience. Thank you!)

ADVERTISING



The Dance Room

Classes in Jazz, Tap, Funk, Classical

& Musical Theatre

Fun and friendly environment

Beginners Welcome

No Costume Making

Visit the website: www.thedancerroom.net
or please call Marnie: 9338 2065 or 0418 883 608

New Concept Chinese School Strive to Achieve to the Top!

Saturday & Sunday 9.30—12.30
School 1.30—4.00

Free Teach: Chinese Essay Writing, Ping Ying & Order of strokes of a Chinese Character.

English: From Prep—Year 12.

Mathematics: From Prep—Year 12.

Address: Lynall Hall Community School (near Richmond Town Hall)

Telephone: 0403 086532

West Coburg Junior Football Club Inc.

SECOND AND FINAL REGISTRATION FOR 2009 SEASON.
Under 10's, Under 12's, Under 14's, Under 16's.

Monday 23rd February, 2009.
Clubrooms
Shore Reserve
7pm to 9pm.

Fees are as follows:

- 1st child \$190.00 (includes family membership of the West Coburg Junior Football Club Inc. and West Coburg Sports Club Inc.)
- 2nd and subsequent child(ren) \$160.00.
- Fees will be capped at maximum of \$500.00 per family

The West Coburg Junior Football Club accepts Cash/Cheque and will have EFTPOS facility available on the night.

All inquiries can be directed to the Junior Coordinator on 0407 565 154.

GARAGE SALE

Saturday 21st February
9am to 4 pm

31 Victoria Grove Brunswick
(off Albion St)



Hundreds of NEW shoes and hats
bags and some clothes
for men, women and children
great brands

4 old sash windows and 3 victorian doors

All very affordable!



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Brunswick VIC
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E: info@fitnessaddix.com.au

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Unit 101, 103, 105, 107, 109
101-109, 111, 113, 115, 117, 119
121, 123, 125, 127, 129, 131, 133, 135, 137, 139, 141, 143, 145, 147, 149, 151, 153, 155, 157, 159, 161, 163, 165, 167, 169, 171, 173, 175, 177, 179, 181, 183, 185, 187, 189, 191, 193, 195, 197, 199, 201, 203, 205, 207, 209, 211, 213, 215, 217, 219, 221, 223, 225, 227, 229, 231, 233, 235, 237, 239, 241, 243, 245, 247, 249, 251, 253, 255, 257, 259, 261, 263, 265, 267, 269, 271, 273, 275, 277, 279, 281, 283, 285, 287, 289, 291, 293, 295, 297, 299, 301, 303, 305, 307, 309, 311, 313, 315, 317, 319, 321, 323, 325, 327, 329, 331, 333, 335, 337, 339, 341, 343, 345, 347, 349, 351, 353, 355, 357, 359, 361, 363, 365, 367, 369, 371, 373, 375, 377, 379, 381, 383, 385, 387, 389, 391, 393, 395, 397, 399, 401, 403, 405, 407, 409, 411, 413, 415, 417, 419, 421, 423, 425, 427, 429, 431, 433, 435, 437, 439, 441, 443, 445, 447, 449, 451, 453, 455, 457, 459, 461, 463, 465, 467, 469, 471, 473, 475, 477, 479, 481, 483, 485, 487, 489, 491, 493, 495, 497, 499, 501, 503, 505, 507, 509, 511, 513, 515, 517, 519, 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